2026 Young Adult Poll

Survey Details

Geography	Universe	Survey Mode	Interview Length	Sample Size	Margin of Error	Fielding Dates
Texas	Registered Voters Ages 18-29	Phone + TTW + Web Panel	18 Minutes	557	+/- 4.08%	June 24 - July 9, 2026

Oversample Details

N200 Black Voters Nationally N300 AAPI Voters Nationally N200 (Best Effort) LGBTQIA Voters Nationally N400 Registered Voters In TX N400 Registered Voters In GA N400 Registered Voters In AL

Q1 What is the year of your birth? / Q2 What is your age?

Response	Total
18-24	56%
25-30	44%
31-34	0%
35-39	0%
40-49	0%
50-64	0%
65+	0%

Q3 Do you think of yourself as...?

Response	Total
Male	49%
Female	47%
Genderqueer/gender nonconforming/not exclusively male nor female	4%
Additional gender category (or other); please specify	0%
Refuse	0%

Q4 Are you of Hispanic, Latino, or Spanish origin?

Response	Total
No, not Hispanic, Latino, or Spanish origin	69%
Yes, Mexican, Mexican American, Chicano	24%
Yes, Puerto Rican	4%
Yes, Cuban	2%
Yes, Dominican	0%
Yes, another Hispanic, Latino, or Spanish origin, please specify	1%
Refuse	0%

Q5 What is your race? Select all that apply.

Response	Total
White	56%
Black or African American	15%
American Indian or Alaska Native	2%
Asian	7%
Pacific Islander	2%
Middle Eastern	4%
Hispanic, Latino or Spanish origin	30%
Some other race, please specify	0%
Refuse	1%

Q6 Are you currently registered to vote?

Response	Total
Yes	100%
No	0%
Refuse	0%
Don't know	0%

Q7 What is the highest level of school you have completed or the highest degree you have received?

Response	Total
12th grade or below, no high school diploma	1%
High school graduate/diploma or equivalent	24%
Some college but no degree	36%
Associate degree	22%
Bachelor's degree	17%
Master's degree	1%
Professional degree [e.g. MD, DDS, JD]	0%
Doctorate	0%
Refuse	0%

Q8 When thinking about the direction in which the country is headed, generally speaking, are you very satisfied, somewhat satisfied, somewhat dissatisfied, or very dissatisfied with the direction in which the country is headed?

Response	Total
Very satisfied	9%
Somewhat satisfied	17%
Somewhat dissatisfied	20%
Very dissatisfied	54%

Refuse	0%

Q9 How much power do you feel your generation - Gen Z - has to make change on issues that matter to you? Please rate the amount of power you feel your generation has on a scale of 0 to 10, where a '0' means no power at all, and a '10' means a lot of power to make change on issues that matter to you.

Response	Total
High vote power (7-10)	57%
Moderate vote power (4-6)	%
Low vote power (0-3)	%
Refuse	%

Q10 As you may know, there will be midterm elections for Congress and other offices in November 2026. It is a long way off, but how likely are you to vote in the November elections - are you almost certain to vote, will you probably vote, are the chances 50/50, will you probably not vote, or will you definitely not vote?

Response	Total
Almost certain	90%
Probably	8%
50/50	1%
Probably not	1%
Definitely not	0%
Refuse	0%

Q11 If the midterm elections for House of Representatives were held today, for whom would you vote - The Democratic candidate, The Republican candidate, Other candidate or are you undecided? / Q12 [IF UNDECIDED] But if you had to choose, for whom would you vote?

Response	Total
The Democratic candidate	70%
The Republican candidate	17%
Other candidate	7%
Refuse	0%
Undecided	5%

Q13 For each of the following, please [PHONE: tell me ONLINE/TTW: indicate] if you have or have not done the activity in the last year.

Response	Yes	No	Refuse
Volunteered for a cause or organization	40%	60%	0%
Posted about a political issue on social media	50%	50%	0%
Signed a petition	51%	49%	0%
Attended a protest, march, or rally	33%	67%	0%
Talked about political issues with family and friends	77%	23%	0%
Donated to a cause or organization	50%	50%	0%
Attended a know-your-rights training	12%	88%	0%

Contacted an elected representative or body of government	24%	76%	0%
Boycotted a corporation, brand or business	50%	50%	0%
Joined a club or group addressing a political issue	18%	82%	0%
Participated in a mutual-aid network	10%	90%	0%
Voted	82%	18%	0%

Q14 When thinking about the current state of the country, which three of the following best describe how you feel?

Response	Total
Anxious	44%
Angry	28%
Proud	4%
Indifferent	6%
Happy	4%
Sad	13%
Inspired	3%
Optimistic	8%
Hopeless	13%
Frustrated	30%
Conflicted	13%
Refuse	0%

Q15 For each of the following issues, please [PHONE: tell me ONLINE/TTW: indicate] if you personally have a lot of concern, some concern, only a little concern, or no concern at all about each issue.

Response	A Lot Of Concern	Some Concern	Only A Little Concern	No Concern At All	Refuse
[SSA] Affording your basic needs	65%	24%	7%	4%	0%
[SSB] Housing costs	82%	15%	3%	0%	0%
[SSA] Artificial Intelligence making it harder for you to get a job	46%	41%	10%	4%	0%
[SSB] Mass layoffs affecting your job security	43%	44%	6%	7%	0%
[SSA] Being drafted into war	28%	25%	10%	38%	0%
[SSB] You or a loved one's ability to access abortion or reproductive care	64%	18%	6%	12%	0%
[SSA] The amount of taxes you pay	51%	34%	12%	3%	0%
[SSB] Cuts to programs like Medicaid and SNAP	56%	33%	5%	6%	0%
[SSA] Being mistreated or denied opportunities because of a part of your identity	39%	33%	14%	14%	0%
[SSB] Crime in your neighborhood	14%	43%	22%	21%	0%

Q16 In reaction to each of the following trends, do you feel very encouraged, somewhat encouraged, neutral, somewhat discouraged, or very discouraged by...?

Response	Very Encouraged	Somewhat Encouraged	Neutral - Neither Encouraged Nor Discouraged	Somewhat Discouraged	Very Discouraged	Refused
[SSA] People coming together to protest and boycott	35%	34%	28%	1%	2%	0%
[SSB] Mutual aid networks helping meet people's needs in local communities	32%	40%	25%	2%	0%	0%
[SSA] Influencers promoting natural wellness methods	12%	28%	44%	9%	7%	0%
[SSB] The government promoting natural wellness methods	13%	26%	48%	5%	7%	0%
[SSA] The "trad wife" trend promoting return to traditional gender roles	15%	16%	40%	7%	22%	0%
[SSB] LGBTQ+ representation in pop culture	27%	29%	36%	3%	4%	0%

Q17 For each of the following issues, please [PHONE: tell me ONLINE/TTW: indicate] if you have a lot of concern, some concern, only a little concern, or no concern at all about each issue.

Response	A Lot Of Concern	Some Concern	Only A Little Concern	No Concern At All	Refuse
[SSA] Lack of accountability for bad actors named in the Epstein files	56%	31%	10%	1%	1%
[SSB] The power of billionaires and the 1%	68%	29%	2%	2%	0%
[SSA] Climate change and pollution	61%	23%	15%	2%	0%
[SSB] Laws restricting or banning abortion	52%	36%	5%	7%	0%
[SSA] Ending of diversity, equity and inclusion policies at institutions and companies	56%	28%	12%	4%	0%
[SSB] Healthcare affordability and accessibility, including mental health care	73%	21%	3%	2%	0%
[SSA] Disrespect of law enforcement	42%	24%	21%	14%	0%
[SSB] Violence against protestors	58%	31%	6%	4%	0%
[SSA] Discrimination against immigrants	52%	32%	13%	2%	0%
[SSB] ICE (Immigration and Custom Enforcement) tactics	70%	17%	5%	7%	0%
[SSA] The United States' role in unrest and war across the globe	58%	34%	7%	1%	0%
[SSB] Discrimination against transgender people	61%	24%	7%	8%	0%

Q18 Thinking about the upcoming midterm elections, would you say you are very motivated, somewhat motivated, somewhat unmotivated, or very unmotivated to vote?

Response	Total
Very motivated	57%
Somewhat motivated	25%
Somewhat unmotivated	9%
Very unmotivated	9%
Refuse	0%

Q19 Which two of the following best describe the most motivating reasons for you to vote? You may select up to two.

Response	Total

To make change on issues that matter to me	42%
To make my voice heard	18%
My ancestors fought for me to have the right to vote	8%
To oppose a candidate or representative that I don't like	11%
To support a candidate or representative that I like	10%
Voting is my civic duty	17%
To protect my community's rights	17%
To vote directly on a ballot initiative or law being proposed	6%
None	1%
Refuse	5%

Q20 Which two of the following best describe what makes you feel less motivated to vote in the upcoming midterm elections? You may select up to two.

Response	Total
The two-party system	35%
Corporations and the ultra-wealthy's influence in politics	45%
Voting doesn't change anything in my community	8%
The voting system is rigged so my vote doesn't count	8%
It's hard to find unbiased information on issues and candidates	7%
I don't have time to register and vote	2%
I'm not happy with the candidate options	7%
I don't want to be involved in politics	4%
None	1%
Refuse	7%

Q21 Regardless of who you're planning to vote for, who do you think will win the upcoming midterm elections - Democrats or Republicans?

Response	Total
Democrats	69%
Republicans	14%
Other	0%
Refuse	0%
Don't know	16%

Q22 How likely or unlikely is each of the following to impact who wins the upcoming midterm elections? [PHONE: Is it very likely, somewhat likely, somewhat unlikely, or very unlikely to impact who wins, or do you think it will not happen?]

Response	Very Likely To Impact Who Wins	Somewhat Likely To Impact Who Wins	Somewhat Unlikely To Impact Who Wins	Very Unlikely To Impact Who Wins	This Will Not Happen
[SSA] Voter fraud (such as voting multiple times, voting under a false name, being paid to vote for a certain candidate)	27%	37%	6%	18%	12%
[SSB] Gerrymandering / unfair redistricting	46%	45%	5%	3%	1%
[SSA] Mass closures of polling locations	31%	49%	10%	6%	4%
[SSB] Misinformation and disinformation	53%	31%	13%	3%	1%

[SSA] Voter ID requirements preventing eligible people from voting	42%	33%	11%	8%	5%
[SSB] Intimidation of voters by law enforcement, ICE, or the military at polling locations	43%	35%	8%	7%	6%
[SSA] Election interference by the Trump administration	45%	35%	8%	4%	8%
[SSB] Elections interference by Democratic Party	11%	12%	14%	28%	35%
[SSA] Illegal immigrants voting	15%	19%	16%	20%	30%
[SSB] Voter roll purges (eliminating people from voter registration lists)	36%	50%	8%	5%	1%

Q23 Which of the following best describes your approach to political issues?

Response	Total
Socialist	20%
Progressive	18%
Liberal	22%
Moderate	25%
Traditional Conservative	8%
MAGA	3%
Libertarian	1%
Apolitical / no approach in particular	3%
Refuse	0%

Q24 In politics today, do you consider yourself as a Democrat, a Republican, or Independent?

Response	Total
Democrat	59%
Republican	12%
Independent	29%
Refuse	0%

Q25 Do you consider yourself a strong or not a strong Democrat/Republican?

Response	Total
Strong	83%
Not a strong	17%
Refuse	0%

Q26 Do you lean more towards the Republican Party, the Democratic Party, or neither?

Response	Total
Democrat	40%

Republican	19%
Neither	41%
Refuse	0%

Q27 Are you currently enrolled in school? Including high school, community college or trade school, college or other higher education?

Response	Total
Yes	49%
No	51%
Refuse	0%

Q28 Which of the following best describes your relationship status? Are you...?

Response	Total
Married	8%
Partnered / In a serious romantic relationship	10%
In a casual romantic relationship / "Situationship"	4%
Single and dating	16%
Single, not dating	62%
Other	0%
Refuse	0%

Q29 Are you the parent or guardian of any children under age 18?

Response	Total
Yes	7%
No	93%
Refuse	0%

Q30 Do you currently own your home, rent, live with a family member or friend, or something else?

Response	Total
Homeowner	12%
Rent	47%
Live with a friend/family member	41%
Something else (specify)	0%
Refuse	0%

Q31 What is your present religion, if any?

Response	Total
Protestant, (for example, Baptist, Methodist, Lutheran, Presbyterian, Pentecostal, Episcopalian, Reformed, Church of Christ, nondenominational, etc.)	42%
Roman Catholic	25%
Mormon/LDS	0%
Eastern or Greek Orthodox	0%
Jewish	1%
Muslim	1%
Buddhist	0%
Hindu	0%
Atheist	6%
Agnostic	4%
Something else, specify	1%
Nothing in particular	19%
Refuse	0%

[IF CHRISTIAN] Q32 Would you describe yourself as a 'born-again' or evangelical Christian, or not?

Response	Total
Yes	40%
No	60%
Refuse	0%

Q33 How would you describe your own personal financial situation? Would you say you are...?

Response	Total
Struggling to pay bills	31%
Making enough to pay bills	49%
Making enough to pay bills and save money	20%
Refuse	0%

Q34 For whom did you vote in the 2024 general election for President, or were you not able to vote?

Response	Total
Kamala Harris, the Democrat	69%
Donald Trump, the Republican	17%
Someone else	2%
Not eligible (too young, not registered, etc)	8%
Did not vote	3%
Refuse	0%

Q35 Which of the following best represents how you think of yourself?

Response	Total
Heterosexual or straight	82%
Lesbian or gay	6%
Bisexual or pansexual	10%
Something else, please specify	1%
Refuse	0%

Q36 Do you identify as transgender?

Response	Total
Yes	6%
No	94%
Refuse	0%

Q37 Last year, that is 2025, what was your total family income from all sources, before taxes? Was it...?

Response	Total
Less than $24,999	6%
$25,000 to $34,999	10%
$35,000 to $44,999	12%
$45,000 to $54,999	11%
$55,000 to $64,999	10%
$65,000 to $74,999	11%
$75,000 to $84,999	5%
$85,000 to $99,999	7%
$100,000 to $249,999	14%
$250,000 or more	2%
Refuse	0%
Don't know	13%